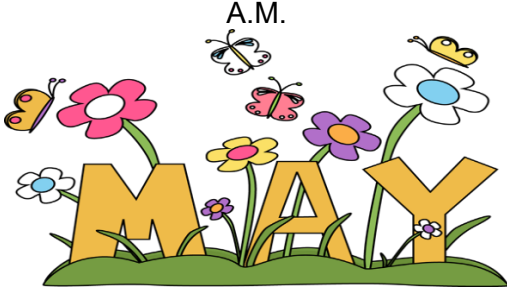


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			COFFEE AND CHAT 9:30-10:00 A.M. BINGO 9:30 A.M.-11:15 A.M.	COFFEE AND CHAT 9:30-10:00 A.M. BOARD AND CARD GAMES 9:30 A.M. CHAIR EXERCISES 1:00 P.M.
5	6	7	8	9
COFFEE AND CHAT 9:30- 10:00 A.M. TAI CHI (DVD) 10:00 A.M. CLAY CLASS 1:00 P.M.	COFFEE AND CHAT 9:30-10:00 BOARD AND CARD GAMES 9:30 A.M.	COFFEE AND CHAT 9:30 A.M.- 10:00 A.M. WII BOWLING 10:00 A.M. CHAIR EXERCISES DVD 10:00A.M. VACCINE CLINIC 10:00 A.M.	COFFEE AND CHAT 9:30-10:00 A.M. BINGO 9:30 A.M.-11:15 A.M. NUTRITION EDUCATION 1:30 P.M.	COFFEE AND CHAT 9:30-10:00 A.M. BOARD AND CARD GAMES 9:30 A.M. CHAIR EXERCISES 1:00 P.M.
12	13	14	15	16
COFFEE AND CHAT 9:30- 10:00 A.M. TAI CHI (DVD) 10:00 A.M. CLAY CLASS 1:00 P.M.	COFFEE AND CHAT 9:30-10:00 BOARD AND CARD GAMES 9:30 A.M. READY-PACK--GO EMERGENCY PREPAREDNESS 1:00 P.M.	COFFEE AND CHAT 9:30 A.M.- 10:00 A.M. WII BOWLING 10:00 A.M. CHAIR EXERCISES DVD 10:00A.M.	COFFEE AND CHAT 9:30-10:00 A.M. BINGO 9:30 A.M.-11:15 A.M.	COFFEE AND CHAT 9:30-10:00 A.M. BOARD AND CARD GAMES 9:30 A.M. CHAIR EXERCISES 1:00 P.M.
19	20	21	22	23
COFFEE AND CHAT 9:30- 10:00 A.M. TAI CHI (DVD) 10:00 A.M. CLAY CLASS 1:00 P.M.	COFFEE AND CHAT 9:30-10:00 BOARD AND CARD GAMES 9:30 A.M.	COFFEE AND CHAT 9:30 A.M.- 10:00 A.M. WII BOWLING 10:00 A.M. CHAIR EXERCISES DVD 10:00A.M.	COFFEE AND CHAT 9:30-10:00 A.M. BINGO 9:30 A.M.-11:15 A.M.	COFFEE AND CHAT 9:30-10:00 A.M. BOARD AND CARD GAMES 9:30 A.M. CHAIR EXERCISES 1:00 P.M.
26	27	28	29	30
CENTERS CLOSED FOR MEMORIAL DAY	COFFEE AND CHAT 9:30-10:00 BOARD AND CARD GAMES 9:30 A.M.	COFFEE AND CHAT 9:30 A.M.- 10:00 A.M. WII BOWLING 10:00 A.M. CHAIR EXERCISES DVD 10:00 A.M.	COFFEE AND CHAT 9:30-10:00 A.M. BINGO 9:30 A.M.-11:15 A.M.	COFFEE AND CHAT 9:30-10:00 A.M. BOARD AND CARD GAMES 9:30 A.M. CHAIR EXERCISES 1:00 P.M.

CEDAR VIEW SENIOR CENTER
 4230 DORNEY PARK ROAD, ALLENTOWN, PA 18104
 610-398-1094

PLEASE CALL BY 10:00 AM THE DAY BEFORE FOR LUNCH RESERVATIONS